



When Less is Better

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1. What is enough?

- It seems like we always need more
- Enough is when you have what you need

The LORD is my shepherd; I have all that I need.

Psalm 23:1 NLT

“Better to have one handful with quietness than two handfuls with hard work and chasing the wind.”

Ecclesiastes 4:6 NLT

2. What if the stuff you have is keeping you from the life you want?

- God, give me less of what doesn't matter
- God, give me more of what does matter

¹⁹ *“Don't store up treasures here on earth, where moths eat them and rust destroys them, and where thieves break in and steal. ²⁰ Store your treasures in heaven, where moths and rust cannot destroy, and thieves do not break in and steal. ²¹ Wherever your treasure is, there the desires of your heart will also be.*

Matthew 6:19-21 NLT

⁷ *O God, I beg two favors from you; let me have them before I die. ⁸ First, help me never to tell a lie. Second, give me neither poverty nor riches! Give me just enough to satisfy my needs. ⁹ For if I grow rich, I may deny you and say, “Who is the LORD?” And if I am too poor, I may steal and thus insult God's holy name.*

Proverbs 30: 7-9 NLT

3. Developing the habit of simplicity

- If you want to change your habits, let God change your heart
- The most meaningful things in life are not things
- When I have Jesus, I have enough
- Find contentment in what I have

¹ *Therefore... let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. ² We do this by keeping our eyes on Jesus... **Hebrews 12:1-2 NLT***

¹² *... I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. ¹³ For I can do everything through Christ, who gives me strength. **Philippians 4:12-13 NLT***

Next Steps:

- Take a break from accumulating things and focus my thoughts and prayers on the things that matter most in life: _____
- One area of my life where God is leading me to simplify is: _____
- Give thanks to God for all that I have, which is all that I need
- Attend the rest of this message series (or watch on our Youtube channel)
- _____