



When You Feel Like Giving Up

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Dave Michel

Stepping Stones Community Church

1. We are called to persevere and never give up

- Follow the example of those before us
- God promises good things for those who never give up

² Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. ³ For you know that when your faith is tested, your endurance has a chance to grow.

James 1:2-3 NLT

²⁴ Five different times the Jewish leaders gave me thirty-nine lashes. ²⁵ Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked. Once I spent a whole night and a day adrift at sea. ²⁶ I have traveled on many long journeys. I have faced danger from rivers and from robbers. I have faced danger from my own people, the Jews, as well as from the Gentiles. I have faced danger in the cities, in the deserts, and on the seas. And I have faced danger from men who claim to be believers but are not. ²⁷ I have worked hard and long, enduring many sleepless nights. I have been hungry and thirsty and have often gone without food. I have shivered in the cold, without enough clothing to keep me warm. ²⁸ Then, besides all this, I have the daily burden of my concern for all the churches.

2 Corinthians 11:23-28 NLT

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

Hebrews 12:1 NLT

So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up.

Galatians 6:9 NLT

²⁸ Have you never heard? Have you never understood? The LORD is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. ²⁹ He gives power to the weak and strength to the powerless. ³⁰ Even youths will become weak and tired, and young men will fall in exhaustion. ³¹ But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Isaiah 40:28-31 NLT

2. We can help ourselves and each other

- Everyone needs help at times
- Pray
- Recognize that our perspective is limited
- Realize that our progress isn't always obvious

Next Steps:

- Commit to persevere through _____ knowing that God will provide the strength I need at just the right time
- Reach out to _____ and encourage them to persevere through their trial and testing
- Re-read today's Bible verses this week
- Attend the final week of this series (or watch on our Youtube channel)
- _____